Coverage Period: 01/01/2018 - 12/31/2018

Coverage for: Employee + Family | Plan Type: PPO

aetna* : DC Silver PPO 3000 100/50 HSA E



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage,

https://www.aetna.com/sbcsearch/getpolicydocs?u=081400-020020-721853 or by calling 1-855-885-3289. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-855-885-3289 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For each <u>Plan</u> Year, In- <u>network</u> : Individual \$3,000 / Family \$6,000. Out-of-network: Individual \$9,000 / Family \$18,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care in-network.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>network</u> : Individual \$6,500 / Family \$13,000. Out-of-network: Individual Unlimited / Family Unlimited.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalties for failure to obtain pre-authorization for services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind or call 1-855-885-3289 for a list of in-network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit	50% coinsurance	None
	Specialist visit	\$75 <u>copay</u> /visit	50% coinsurance	None
If you visit a health care provider's office or clinic	Preventive care /screening /immunization	No charge	50% coinsurance, except deductible does not apply for well child exams & immunizations; no charge for routine gynecological exams and mammograms	You may have to pay for services that are not preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
	Diagnostic test (x-ray, blood work)	0% coinsurance	50% coinsurance	Applies to services received in office or in outpatient setting.
If you have a test	Imaging (CT/PET scans, MRIs)	0% coinsurance	50% coinsurance	Applies to services received in office or in outpatient setting. Out-of-network precertification required or benefits will be reduced by 50% up to \$400 per service or supply.

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
	Preferred generic drugs	\$12 copay for up to a 30 day supply, \$30 copay for up to a 90 day supply	50% coinsurance for up to a 90 day supply	Covers up to a 30 day supply (retail prescription), 31-90 day supply (retail & mail	
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	\$55 copay for up to a 30 day supply, \$137.50 copay for up to a 90 day supply	50% coinsurance for up to a 90 day supply	order prescription). Applicable cost share plus difference (brand minus generic cost) applies for brand when generic available. No charge for preferred generic FDA-approved women's	
prescription drug coverage is available at www.aetna.com/individuals-	Non-preferred generic/brand drugs	\$95 copay for up to a 30 day supply, \$237.50 copay for up to a 90 day supply	50% coinsurance for up to a 90 day supply	contraceptives in- <u>network</u> . Precertification and step therapy may be required.	
families/find-a-medication.ht ml	Specialty drugs	Preferred: 40% coinsurance up to a \$150 maximum for up to a 30 day supply; Non-preferred: 50% coinsurance up to a \$150 maximum for up to a 30 day supply	Not covered	All specialty <u>prescription drug</u> fills on initial fill must be filled at a <u>network</u> specialty pharmacy except for urgent situations. Your <u>plan</u> may include access to CVS retail pharmacies for certain <u>specialty drugs</u> .	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	50% coinsurance	None	
Surgery	Physician/surgeon fees	0% coinsurance	50% coinsurance	None	
If you need immediate medical attention	Emergency room care	\$500 <u>copay</u> /visit	\$500 <u>copay</u> /visit	<u>Copay</u> waived if admitted. Out-of-network <u>emergency room care</u> cost-share same as in- <u>network</u> . No coverage for non-emergency care.	
	Emergency medical transportation	0% coinsurance	0% coinsurance	Out-of-network cost-share same as in-network.	
	<u>Urgent care</u>	\$60 <u>copay</u> /visit	50% coinsurance	No coverage for non-urgent use.	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	50% coinsurance	Out-of-network precertification required or benefits will be reduced by 50% up to \$400 per service or supply.	
	Physician/surgeon fees	0% coinsurance	50% coinsurance	None	

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient office visits: \$25 copay/visit for first 40 visits; \$40 copay/visit thereafter; All other outpatient services: 0% coinsurance	Outpatient office visits: 25% coinsurance; All other outpatient services: 50% coinsurance	None
Substance as a services	Inpatient services	0% coinsurance	50% coinsurance	Out-of-network precertification required or benefits will be reduced by 50% up to \$400 per service or supply.
If you are mysen out	Office visits	No charge	50% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
If you are pregnant	Childbirth/delivery professional services	0% coinsurance	50% coinsurance	None
	Childbirth/delivery facility services	0% coinsurance	50% coinsurance	Out-of-network precertification required or benefits will be reduced by 50% up to \$400 per service or supply.
	Home health care	0% coinsurance	50% coinsurance	Coverage is limited to 90 visits/episode.
	Rehabilitation services	\$75 copay/visit	50% coinsurance	None
	Habilitation services	\$75 copay/visit	50% coinsurance	None
If you need help recovering or have other special health needs	Skilled nursing care	0% coinsurance	50% coinsurance	Coverage is limited to 60 days. Out-of-network precertification required or benefits will be reduced by 50% up to \$400 per service or supply.
	Durable medical equipment	50% coinsurance	50% coinsurance	Coverage is limited to 1 <u>durable medical</u> <u>equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	0% coinsurance	50% coinsurance	Out-of-network precertification required or benefits will be reduced by 50% up to \$400 per service or supply.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Children's eye exam	50% coinsurance	50% coinsurance	Coverage is limited to 1 exam every 12 months up to age 19.
f your child needs dental or eye care	Children's glasses	50% coinsurance	50% coinsurance	Coverage is limited to 1 set of frames and 1 set of contact lenses or eyeglass lenses every 12 months up to age 19.
	Children's dental check-up	0% coinsurance	30% coinsurance	Coverage is limited to 2 exams per calendar year up to age 19.

Excluded Services & Other Covered Services:

|--|

Acupuncture
 Bariatric surgery
 Cosmetic surgery
 Non-emergency care when traveling outside the
 Dental care (Adult)
 Routine foot care
 Weight loss programs
 Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Private-duty nursing

• Chiropractic care
 • Routine eye care (Adult) - Coverage is limited to 1 exam.

Your Rights to Continue Coverage:

Hearing aids

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: District of Columbia Healthcare Finance, Office of the Ombudsman, (877) 685-6391, http://ombudsman.dc.gov.

- For more information on your rights to continue coverage, contact the plan at 1-855-885-3289.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
- For non-federal governmental group health <u>plans</u>, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.
- If your coverage is a church <u>plan</u>, church <u>plans</u> are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Aetna directly by calling the toll free number on your Medical ID Card, or by calling our general toll free number at 1-855-885-3289.
- District of Columbia Healthcare Finance, Office of the Ombudsman, (877) 685-6391, http://ombudsman.dc.gov.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
- For non-federal governmental group health <u>plans</u>, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact District of Columbia Healthcare Finance, Office of the Ombudsman, 441 4th St, NW (9th and 10th Fl.), Washington, DC 20001, (877) 685-6391, healthcareombudsman@dc.gov, http://ombudsman.dc.gov

Does this plan Provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan Meet Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$75
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$3,000
Copayments	\$100
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,160

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$75
Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$3,000	
Copayments	\$1,100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$4,120	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$3,000
 Specialist copayment 	\$75
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900	
In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$1,900	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,900	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-855-885-3289.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-855-885-3289.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

Non-Discrimination

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call 1-855-885-3289.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator

P.O. Box 14462 Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779)

1-800-648-7817, TTY: 711, Fax: 859-425-3379 (CA HMO customers: 1-860-262-7705)

Email: CRCoordinator@aetna.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates.

TTY: 711

Language Assistance:

For language assistance in your language call 1-855-885-3289 at no cost.

Amharic - ለቋንቋ እንዛ በ አማርኛ በ 1-855-885-3289 በነጻ ይደውሉ

للمساعدة في (اللغة العربية)، الرجاء الاتصال على الرقم المجاني 3289-885-1-855، الرجاء الاتصال على الرقم المجاني

Bengali-Bangala - বাংলায় ভাষা সহায়তার জন্য বনিামূল্য(1–855–885–3289–ত(কল করুন।

Chinese - 欲取得繁體中文語言協助,請撥打 1-855-885-3289,無需付費。

French - Pour une assistance linguistique en français appeler le 1-855-885-3289 sans frais.

German - Benötigen Sie Hilfe oder Informationen in deutscher Sprache? Rufen Sie uns kostenlos unter der Nummer 1-855-885-3289 an.

lbo - Maka enyemaka asusu na Igbo kpoo 1-855-885-3289 na akwughi ugwo o bula

Italian - Per ricevere assistenza linguistica in italiano, può chiamare gratuitamente 1-855-885-3289.

Japanese - 日本語で援助をご希望の方は、1-855-885-3289 まで無料でお電話ください。

Korean - 한국어로 언어 지원을 받고 싶으시면 무료 통화번호인 1-855-885-3289 번으로 전화해 주십시오.

Kru-Bassa - Be´m`ké gbo-kpá-kpá dyé pidyi dé Bašsoó-wuduuin wee, dá 1-855-885-3289

Navajo - T'áá shi shizaad k'ehjí bee shíká a'doowol nínízingo Diné k'ehjí koji' t'áá jíík'e hólne' 1-855-885-3289

Portuguese - Para obter assistência linguística em português ligue para o 1-855-885-3289 gratuitamente.

Russian - Чтобы получить помощь русскоязычного переводчика, позвоните по бесплатному номеру 1-855-885-3289.

Spanish - Para obtener asistencia lingüística en español, llame sin cargo al 1-855-885-3289.

Tagalog - Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-855-885-3289 nang walang bayad.

Thai - สำหรับความช่วยเหลือทางด้านภาษาเป็น ภาษาไทย โทร 1-855-885-3289 ฟรีไม่มีค่าใช้จ่าย

Vietnamese - Để được hỗ trở ngôn ngư bằng (ngôn ngư), hấy gọi miến phi đến số 1-855-885-3289.

Yoruba - Fún ìrànlowo nípa èdè (Yorùbá) pe 1-855-885-3289 lái san owó kankan rárá.